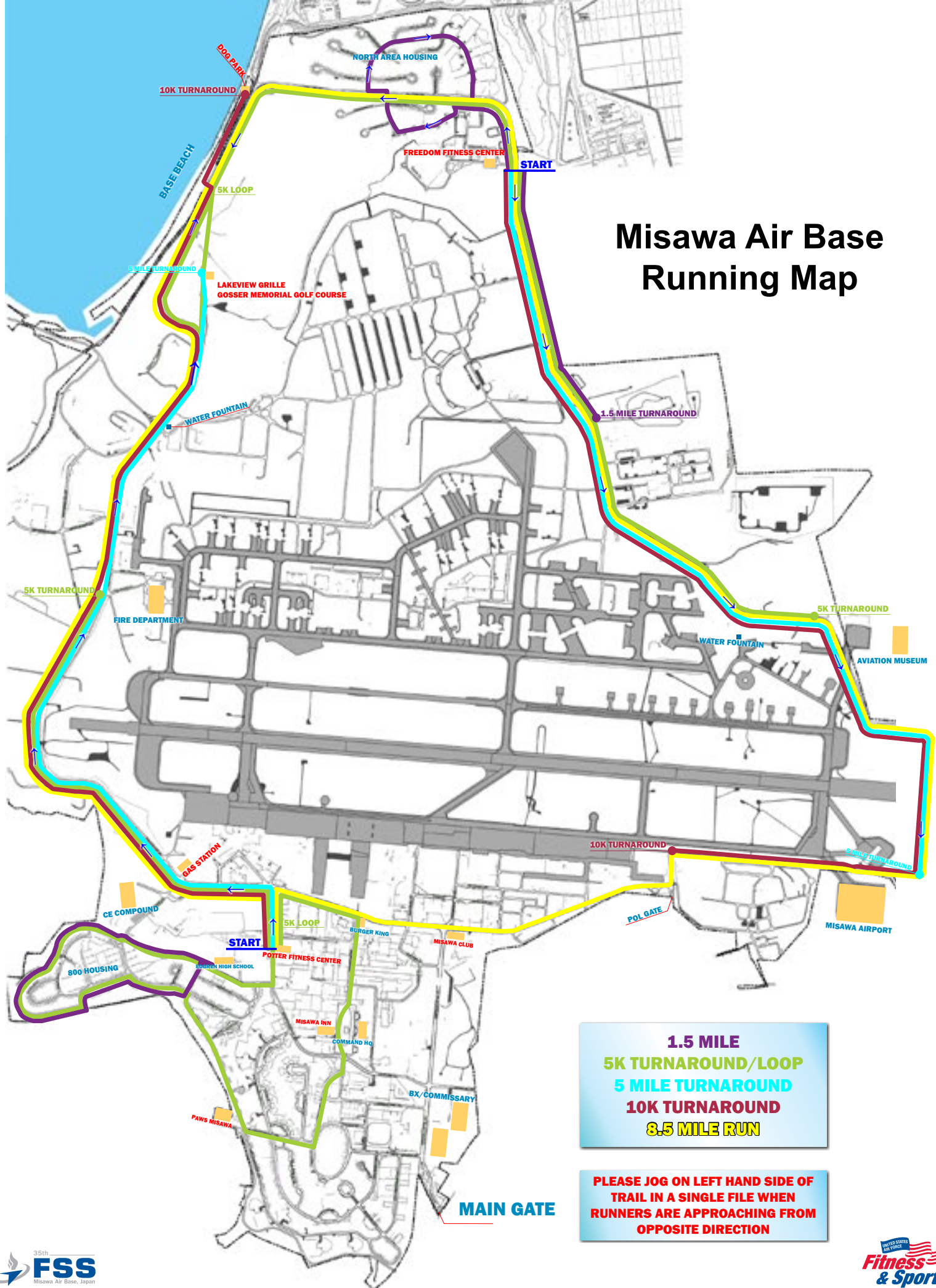


# Misawa Air Base Running Map



**1.5 MILE**  
**5K TURNAROUND/LOOP**  
**5 MILE TURNAROUND**  
**10K TURNAROUND**  
**8.5 MILE RUN**

**PLEASE JOG ON LEFT HAND SIDE OF TRAIL IN A SINGLE FILE WHEN RUNNERS ARE APPROACHING FROM OPPOSITE DIRECTION**